

ParametricPlot3D[

```
{(-2/15) Cos[u] (3 Cos[v] - 30 Sin[u] + 90 (Cos[u])^4 Sin[u] - 60 (Cos[u])^6 Sin[u] +  
5 Cos[u] Cos[v] Sin[u]), (-1/15) Sin[u]  
(3 Cos[v] - 3 (Cos[u])^2 Cos[v] - 48 (Cos[u])^4 Cos[v] + 48 (Cos[u])^6 Cos[v] -  
60 Sin[u] + 5 Cos[u] Cos[v] Sin[u] - 5 (Cos[u])^3 Cos[v] Sin[u] -  
80 (Cos[u])^5 Cos[v] Sin[u] + 80 (Cos[u])^7 Cos[v] Sin[u]),  
(2/15) (3 + 5 Cos[u] Sin[u]) Sin[v]}, {u, 0, 2 Pi},  
{v, 0, 2 Pi}, PlotStyle -> Opacity[0.3]]
```



